



annapolis

recreation & parks

Healthy Living Starts Here.

# Summer Program Guide

June - August 2013

TRUXTUN YOUTH  
TRIATHLON  
JUNE 16, 2013



I am, but I can!

Swim Lessons  
Pool Memberships  
Summer Camps  
Fitness Classes

View online: [www.annapolis.gov/programguide](http://www.annapolis.gov/programguide)



#### PMRC Summer Hours:

Monday - Thursday 6 am - 9 pm  
Friday 6 am - 6 pm (Memorial Day - Labor Day)  
Saturday 8 am - 6 pm  
Sunday 11 am - 6 pm

"Pip" Moyer Recreation Center at Truxtun Park  
273 Hilltop Lane • Annapolis MD 21403  
410.263.7958 • [recpark@annapolis.gov](mailto:recpark@annapolis.gov)  
[www.annapolis.gov/recreation](http://www.annapolis.gov/recreation)

Visit Us  
Online!



[www.annapolis.gov/recreation](http://www.annapolis.gov/recreation)

Annapolis Recreation and Parks  
Department (ARPD) Headquarters:  
"Pip" Moyer Recreation Center (PMRC)  
at Truxtun Park

273 Hilltop Lane, Annapolis 410.263.7958

Annapolis Walk Community Center  
1701 Belle Drive, Annapolis

Dunn Municipal Pool at Truxtun Park  
Pumphouse Road, Annapolis  
410.263.7928 (seasonal)

Harbormaster's Office  
1 Dock Street, Annapolis • 410.263.7973

Parks Maintenance Office  
200 Truxtun Park Road, Annapolis • 410.263.7993

Stanton Community Center  
92 W. Washington Street, Annapolis  
410.295.5519 • Rec Staff: 410.263.7966

## PMRC Summer Hours:

Effective May 28, 2013 - September 2, 2013

Monday - Thursday	6 am - 9 pm
Friday*	6 am - 6 pm*
Saturday	8 am - 6 pm
Sunday	11 am - 6 pm

\*Memorial Day thru Labor Day: PMRC is open until  
6 pm on Fridays

## Holiday Hours and Closures:

Monday, May 27	Memorial Day
Thursday, July 4	Independence Day
Monday, September 2	Labor Day

For more information regarding specific hours for  
Open Gym, Ballocity™, Rock Climbing Wall, and the  
Auxiliary Gym, visit our Web site [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation)  
then click "Pip" Moyer Recreation Center.  
Please note: dates and times are subject to change.

## ARPD Administrative Hours:

Monday - Friday, 8:30 am - 4:30 pm

# I ♥ MY PARK & RECREATION

JULY IS PARK & RECREATION MONTH

[WWW.NRPA.ORG/JULY](http://WWW.NRPA.ORG/JULY)

Each July, we celebrate National Park and Recreation Month! We invite you to share what you love about Annapolis Recreation and Parks!

July is a great time to feature what's going on in our community - even beyond our organization - from health & wellness and nature, to community spirit and social equity. During National Park and Recreation Month, we invite everyone to share your feedback about the various activities and programs that we offer you. This is also a great time to make suggestions for new initiatives and programs.

Please check our Web site and social media pages for details. For additional information about the national initiative, visit [www.nrpa.org](http://www.nrpa.org).

We would like to recognize and thank  
our Recreation Advisory Board for their  
commitment to Annapolis Recreation & Parks!



annapolis  
recreation & parks

Healthy Living Starts Here.

C. Taney Hamill, Chair  
Patricia Dawn Moyer, Vice-Chair  
Christina Aist  
Craig Harrison  
Michael Hughes  
Raymond A. Lowman  
Frank P. Montgomery  
John "Bumper" Roger Moyer  
Abigail Nelson  
Virginia "Ginger" Rankin

## Healthy Living Starts Here.

G SLOW WHOA  
Think Lite Choose Right

Be on the lookout for our new crab logos that indicate  
different levels of healthy vending at PMRC

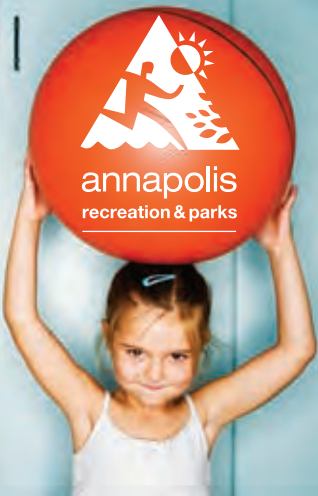




**The Roger W. “Pip” Moyer Community Recreation Center at Truxtun Park (PMRC) is operated under the direction of the City of Annapolis Recreation & Parks Department. Amenities include:**

**Fitness Center** Our 3,000+ square foot Fitness Center is located on the main level floor in the facility. It includes cardio equipment, free weights, and plate-loaded fitness equipment. Fitness Specialists are available by appointment to assist members with the proper use of all equipment. Must be 14+ years to use equipment and a fitness orientation is required if under 16 years old. Membership or guest pass is required.

**Indoor Ballocity™ Playspace** This is a unique play arena that allows soft, washable balls to be collected and placed into a fountain, levitation table, hoppers and blasters for hours of active fun. Children (and adults) can climb, slide, stretch, and push their



way though an obstacle course built onto 6 foot tall platforms. Smaller children can also explore the soft foam play pieces located next to the play structure. Full membership or daily passes are required for all children who are walking. No shoes permitted and socks are required. *Closed every Friday.*

**Kidz Zone - Babysitting Services** Available for children ages 4 months to 12 years. Maximum length of each visit is two hours. Fee: \$3/hour (or any portion of an hour) for first child; \$2/hour for additional children in

same family. 10-visit punch card: \$25. Lost or stolen punch cards will not be replaced. **See Web site for hours of operation: [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation).** Adults need to pay at the Front Desk for the child care services. **Adults must remain in the facility at all times. Kidz Zone is only available to Program or Full Members using PMRC to workout or attend classes.**

**Multi-Purpose Rooms** Meeting spaces are equipped with a warming kitchen and audio/visual equipment. Stop by the Front Desk to inquire about rentals for your next event!

**Open Gym (Basketball and Volleyball)** Our three court gymnasium is available on at least one court at most times for open gym. The schedule is available at the Front Desk or online at [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation). Full membership or guest passes are required. **Please note: dates and times are subject to change based on event scheduling and availability.**

**Rock Climbing Wall** PMRC is home to a 31 foot, indoor climbing wall. For safety, the climbing wall is only open when a trained safety guide can instruct, monitor, and assist climbers. Hours are posted at the front desk and at the climbing wall area. Climbers must agree to follow all policies and procedures of the facility. The wall is available for use during posted hours with the purchase of a guest pass or full membership.

**Indoor Walking/Jogging Track**

An elevated, four lane indoor track is suspended above the gymnasium floor. It is available for use with the purchase of a guest pass or full membership. Eight (8) laps is about one (1) mile. Anyone age 13 or older may use the track unattended; however, anyone under age 13 must be accompanied by an adult. Strollers are only permitted on the track weekdays between the hours of 9 am and 4 pm as long as it is not too crowded by the discretion of the staff.

**What's Inside**

**Programs**

Adult Fitness & Health ..... 4 - 5  
Summer Fitness Schedule, Fitness Class Pass & Drop-In, Cycling, Yoga, Zumba®, Massage Therapy

Adult Programs & Personal Training ..... 6  
Men's Summer Basketball, SAAFE-T Seminar, 4 Types of Personal Training

Birthday Parties & Child Care ..... 7  
Host your party at PMRC, Child Care in the Schools

Camps ..... 8 - 9  
Kids Camp, Truxtun Park Day Camp, REC & Splash Camps

Pool Programs ..... 10 - 11  
Season Pass, Swim Lessons, Aqua Tots, Master's Swimming

Kids & Teen Programs ..... 12  
Truxtun Youth Triathlon, MD Safe Boating, Pool Party

**Stanton Community Center**

Programs ..... 13  
Basketball, Tennis, REC Camp, Soccer, Basic Computer Classes, Adult Basic Skills

**Parks & Trails** ..... 14

**Registration Information** ..... 15

**Do you qualify for the City of Annapolis Resident Rate?**

We welcome all Annapolis City, Anne Arundel County and non-county residents to participate in our programs and classes. “Resident” is defined as living in the corporate limits of the City of Annapolis. You may have an Annapolis mailing address or a 21401/21403 zip code, but you may not live in the corporate limits or pay City taxes.

The resident/non-resident fee structure has been established to benefit those individuals and families whose City taxes help off-set the cost of Department operations. To determine if you live within the corporate limits, please check the street listing online: <http://www.annapolis.gov/Government/Departments/PublicWorks/StreetListing/StreetListingA.aspx>. If your street is not listed, you are required to pay the non-resident rate for classes and programs. Thank you in advance for your assistance in listing your correct residency status.

R = City of Annapolis Resident  
NR = Non-Resident of City of Annapolis

# Adult Fitness & Health

The following Fitness Classes are included with the Full Membership. Program Members may purchase a "Fitness Class Pass" or pay a drop-in fee to join any or all Fitness Classes. Classes are for ages 16+, unless otherwise noted. *Fitness Classes are not included with a Punch Card.*

**PLEASE  
NOTE:**

Classes are subject to change. Please refer to the schedule online [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation) for the most recent Fitness Class Schedule.

## Summer Fitness Class Schedule (Included with PMRC Full Membership)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6:15 - 7:15 am</b> Express Cycling and Abs & Back  <b>9 - 10 am</b> Turn Back the Clock  <b>10:15 - 11:15 am</b> Barbell Weight Training  <b>12:30 - 1:30 pm</b> Lunch Time Yoga  <b>5 - 6 pm</b> Yoga Fundamentals  <b>6:15 - 7:15 pm</b> Vinyasa Yoga I  <b>6:30 - 7:30 pm</b> ZUMBA®	<b>6:15 - 7:15 am</b> Pilates Mat  <b>8:45 - 10 am</b> Yoga for the Older Adult  <b>10:10 - 11:10 am</b> Cardio Step & Sculpt  <b>11:15 am - 12:15 pm</b> Power Yoga/Yoga for Energy  <b>5:30 - 7 pm</b> Total Body Condition / Work Your Core  <b>6:30 - 7:30 pm</b> Group Cycle  <b>7 - 8 pm</b> Evening Yin Yang Yoga	<b>9 - 10 am</b> Turn Back the Clock  <b>9:30 - 10:30 am</b> Kickboxing  <b>10:15 - 11:15 am</b> Power Yoga/Yoga for Energy  <b>5 - 6 pm</b> Line Dancing  <b>5:30 - 6:30 pm</b> Group Cycle  <b>6:15 - 7:15 pm</b> Cardio Dance Mix  <b>6:30 - 7:30 pm</b> Yogilates	<b>8 - 9:15 am</b> Power Yoga/Yoga for Energy  <b>9 - 10 am</b> Total Fitness  <b>9:30 - 10:30 am</b> Gentle Yoga  <b>6 - 7 pm</b> Body Work Challenge  <b>6:30 - 7:30 pm</b> Group Cycle  <b>7:30 - 8:30 pm</b> ZUMBA®	<b>6:15 - 7:15 am</b> Express Cycling and Abs & Back  <b>9 - 10 am</b> Vinyasa Yoga 1-2  <b>9 - 9:30 am</b> Circuit Training  <b>9:15 - 9:45 am</b> Upper Body Sculpting  <b>9:45 - 10:45 am</b> Pilates - Mat  <b>12 - 1 pm</b> Yin Yoga  <b>5 - 6 pm</b> Yoga  <b>5 - 6 pm</b> ZUMBA®	<b>9 - 10 am</b> Weekend Ride Group Cycle  <b>9 - 10:15 am</b> Yin Yang Yoga  <b>10:30 - 11:30 am</b> Cardio Dance Mix  <b>Sign the Kids up for a Rec Program or Drop them at Kidz Zone! The Hours:</b>  Monday - Thursday: 9 am - 12 pm & 6 - 9 pm Friday: 9 am - noon Saturday: 10 am - 2 pm

**Drop-In / Fitness Class Pass** Not a Full PMRC Member? That's OK, you can still come to Fitness Classes! Fee also includes guest admission to PMRC for each visit. Non-refundable and non-transferable.

**Fitness Class Pass (PMRC Program Members)**

R \$ 98 / NR \$123

#5736

**Drop-In Fee**

R \$15 / NR \$19

## CARDIO & STRENGTH

**Abs & Back Express** Work your entire mid-section: abs, obliques, hips, glutes, and low back muscles - in a quick energizing 15 minutes! Immediately follows *Express Indoor Cycling* - so you can combine the two for a full "cardio & core" workout. Instructor: Lisa Parrish  
**Mon and Fri 7 - 7:15 am, Exercise B**

**Barbell Weight Training** Use simple, athletic movements such as squats, curls, lunges, and presses to shape, tone, and strengthen your entire body. Instructor: Leslie Nichols  
**Mon 10:15 - 11:15 am, Exercise B**

**Body Work Challenge** Total body workout with cardio, strength and body weight exercises! Each is a different fun and challenging workout for all levels. Intervals, tabata training, ladders, and group challenges strengthen and tone your body. Instructor: Suzanne Stringer.  
**Thu 6 - 7 pm, Exercise B**

**Cardio Dance Mix** Cardio fun with fast and slow dance intervals, modeled after the popular Zumba® fitness program, this class is sure to get you moving! Instructor: Leandra Quiroz  
**Wed 6:15 - 7:15 pm, Exercise A**  
**Sat 10:30 - 11:30 am, Exercise B**

**Cardio Step & Sculpt** Total body workout with a mix of floor and step aerobics, tone & sculpt with a free weight strength routine, to work your core. Instructor: Leslie Nichols  
**Tue 10:10 - 11:10 am, Exercise B**

**Line Dancing** Exercise your body & mind by dancing to lively, upbeat music. A fun way to dance socially without a dance partner. Join other dancers and learn fun routines or just come for the great exercise. You never need a partner but you can bring all your friends. Instructor: Donleer Walker  
**Wed 5 - 6 pm, Exercise B**

**Total Body Conditioning / Work Your Core Combo** Strengthen and train your whole body! Develop strength, endurance and muscle tone in all major muscle groups of the upper and lower body, including abs. Instructor: Linda Barrett  
**Tue 5:30 - 7 pm, Exercise B**

**Total Fitness** Improve your cardiovascular and muscular strength and endurance. This circuit training class alternates strength training, aerobic activity, cardio drills and muscle conditioning. Exercises provide a full-body workout with variety and fun. Suitable for all levels, this boot camp style class will help you get stronger and fitter. Instructor: Leslie Nichols  
**Thu 9 - 10 am, Exercise B**

**Turn Back the Clock** Age 55+ Exercise and strength training will help you look and feel younger and stay active longer. Improve your strength, flexibility, posture, coordination and reduce the risk of falls. Strength training also helps alleviate

*I am, but I can!*

symptoms of chronic conditions such as arthritis. Instructors: Sherry Gutkowski & Kate Sanford.

**Mon 9 - 10 am, Exercise B & Wed 9 - 10 am, Exercise A**

**Upper Body Sculpting** Get those arms ready for wearing sleeveless shirts with the upper body sculpting class. Show off your biceps and delts, feel great about your chiseled arms and upper body this summer! Instructor: Lisa Parrish  
**Fri 9:15 – 9:45 am, Exercise B**

**Zumba®** Combines high energy and motivating music with unique moves and combinations! A workout should be “FUN AND EASY TO DO” and the Zumba® fitness program helps achieve long-term health benefits. Zumba® is not only great for the body, but it is also great for the mind, a ‘feel happy’ workout. Instructors: Michelle Sweeney & LiAundra Calhoun  
**Mon 6:30 - 7:30 pm & Thu 7:30 - 8:30 pm and Fri 5 - 6 pm, Exercise A**

## CYCLING

**(BRING A SMALL TOWEL TO CLASS)**

**Express Indoor Cycling** Wake up and get moving with hill climbs, jumps, and interval tracks during this energizing cardio-fun. Monday and Friday class includes Abs & Back Express. Instructors: Lisa Parrish  
**Mon and Fri 6:15 - 7:15 am, Cycle Studio**

**Group Cycle** Pedal through hill climbs, sprints, chases, and many other exciting drills for a great cardio workout! Variety offers something for everyone and will challenge you like no other. Instructors: Laurie Barlow & Lisa O’Leary, Tara Witten  
**Cycle Studio**  
**Tue & Thu 6:30 - 7:30 pm**  
**Wed 5:30 - 6:30 pm**

**Weekend Ride** Burn over 500 calories! Learn proper biking form and technique with a warm-up, cool-down and stretching Instructors: Tom Donlin/Lisa O’Leary/Laurie Barlow  
**Sat 9 - 10 am, Cycle Studio**

## YOGA & PILATES

**Evening Yin Yang Yoga** Combines a variety of vinyasa flow (yang) sequences with yin yoga, a style of long-held passive poses that open the body to more flexibility and energy flow. This class is designed to help you unwind, relax and prepare your body for a restful, rejuvenating night of sleep. Instructor: Linda Barrett  
**Tue 7 - 8 pm, Exercise B**

**Gentle Yoga Age 55+** Develop and maintain better balance with easy to learn body positions, movements and breathing techniques. Helps you build bone density

for osteoporosis prevention.

Instructor: Aimee Seal

**Thu 9:30 - 10:30 am, Exercise A**

**Lunch Time Yoga** Take a brake from your mundane Monday. This yoga class is geared to enhance your mind, body and soul in the middle of the day. All levels welcome! Instructor: Aimee Seal  
**Mon 12:30 - 1:30 pm, Exercise B**

**Pilates - Mat** Engage the mind and condition the body while you strengthen the core, lower back muscles, abs, and glutes. Instructor: Lisa Parrish  
**Tue 6:15 - 7:15 am, Exercise B**  
**Fri 9:45 - 10:45 am, Exercise A**

## Power Yoga / Yoga for Energy

This power yoga class offers breath work, balance, strengthening and stretching of muscles targeted in everyday living while introducing the concepts of yogic philosophy. Basic postures are expanded to include more difficult variations with modifications for less experienced practitioners. Instructors: Alana Roach  
**Tue 11:15 am - 12:15 pm, Wed 10:15 - 11:15 am, Thu 8 - 9:15 am, Exercise B**

**Vinyasa Yoga Level 1** Classic yoga poses will stretch and strengthen, relax and rejuvenate, and improve flexibility. Includes breath work and meditation techniques. A moderate paced class for beginners and continuing students. Instructor: Barbara Devitt  
**Mon 6:15 - 7:15 pm, Exercise B**

**Vinyasa Yoga Level 1-2** Hold yoga poses with series of strength building and flexibility. Mind, body and spirit will be encouraged and challenged in this mixed level class. Instructor: Aimee Seal  
**Fri 9 - 10 am, Exercise B**

**Yin Yoga** Experience the other side of yoga in this intense inner-directed practice. Go deep, find your edge: these long-held stretches increase circulation in the all-important fascia, joints and connective tissue. Improve mental concentration, restore elasticity, release blocked energies. Appropriate for everyone who wants their joints fluid and functioning. Instructor: Barbara Devitt  
**Fri 12 - 1 pm, Exercise B**

**Yin Yang Yoga** The dynamic (yang) flow of the vinyasa practice will strengthen and invigorate. The more meditative yin portion of the practice, focusing on long-held floor poses, will open the deeper tissues & joints and stimulate energy flow. This is a fully balanced yoga practice. Mixed levels. Instructor: Barbara Devitt  
**Sat 9 - 10:15 am, Exercise B**

Check our Web site regularly for the most up-to-date schedule!



## Yoga for the Older Adult Age 55+

Continued yoga practice can help alleviate or reduce many health challenges we face as we age. Poses are modified to each participant’s fitness level, health conditions and concerns. Instructor: Kate Sanford  
**Tue 8:45 - 10 am, Exercise B**

**Yoga Fundamentals** Practice key elements of yoga, core standing and seated poses. Stretch, strength, and alignment are emphasized. Practice breathing, meditation, and relaxation techniques. Great for stress relief and relaxation for all levels. Instructor: Barbara Devitt  
**Mon 5 - 6 pm, Exercise B**

**Yogilates** Yoga/pilates class for new and experienced students. Increase strength and flexibility through poses and movement. Develop mental balance and focus through breathing and meditation. Please bring your own yoga mat. Instructor: Aimee Seal  
**Wed 6:30 - 7:30 pm, Exercise B**

## Massage Therapy with Josephine “Jo” Gosnell

Jo is a Maryland State licensed massage therapist as well as a certified personal trainer with the National Strength & Conditioning Association.

Just finished a tough workout? Kids still in class and you have some extra time? Treat yourself to the relaxing bliss of a professional massage. Jo can customize your massage using Swedish and Deep Tissue massage techniques. She will conduct a brief consultation prior to your appointment to determine the best massage plan and meet all your needs.

Choose from either a 60 or 90 minute session. Sessions are by appointment only. Clients must schedule time directly with Jo. Inquire at the Front Desk of PMRC. **You do not need to be a member of PMRC.**

**60 minute session \$75**  
**90 minute session \$105**





# Adult Programs & Personal Training

In order to support the day-to-day operations of "Pip" Moyer Recreation Center at Truxtun Park, membership fees apply to any program held at PMRC. Program memberships are renewed annually each January. Programs that require membership will have an asterisk (\*) next to the fees. R = City of Annapolis Resident, NR = Non-Resident. Programs may be cancelled 2 business days prior to start date due to insufficient registration.

## Athletics

### Men's Basketball Summer League *Age 18+*

A highly competitive, fast-paced league sanctioned by NCAA ruling. Round Robin season with playoffs, ending no later than Aug 16. Games begin at 6:30 pm. All teams must provide uniforms. Registration for returning teams will be open until May 3. New teams can register May 4 - June 1.

**Jun 18** Team registration \$575

**Games Tue & Fri** #5744

### REGISTER FOR FALL SPORTS!

**Fall Softball** *Age 18+* Governed by ASA rules. Teams required to have uniforms with numbers.

**Aug 19** R \$575 / NR\$671

**Mon Men's "D" Doubleheader** #5739

**Wed Men's "C" Doubleheader** #5737

**Tue Co-ed Single Game League** #5738

Truxtun Park Field

**Fall Volleyball** *Age 18+* Governed by USA rules. Teams required to have matching uniforms with numbers, and provide linesman and scorekeepers. Top teams qualify for playoffs.

**Sep 9** \$325 per team

**Mon Level "A"** #5740

**Tue Level "C"** #5741

**Wed Level "B"** #5742

PMRC Court 1

## Enrichment

### Boating Safety Course: Maryland Safe Boating

*Age 10+* This eight hour course and test satisfies MD law for any person born after July 1, 1972, to operate a boat in Maryland waters. The course covers legal requirements, navigation rules, preparation and trailers, accidents, weather and water conditions, water sports, sailing and personal water craft. Note: Children 14 years and under must be accompanied by a paying adult.



**Mon & Thu 6 - 10 pm** \$25/person

Jun 24 & 27 #5591

Jul 8 & 11 #5592

PMRC Meeting Room 1

## Special Event

### SAAFE-T Seminar – Situational Awareness & Assailant Force Evasion Training

SAAFE-T offers the most useful forms of attack prevention and defense modalities. Aimed to intuitively and tactically arm individuals of all ages with the ability to defend their lives. The program teaches a unique platform ensuring the SAAFE-T of one's life. Seminar will be presented by the founder, Todd Rosenthal, who served in the United States Secret Service, the Department of Defense and earned two Master's Degrees in Communications.

**Wed Jun 12** \$25/adult

**7 - 9 pm** #5783

## Personal Training Benefits of PMRC Personal Training:

1. You will receive a customized, goal oriented, and progressive workout plan designed specifically for you!
2. Each session is tailored to your individual needs, experience level and any specific health considerations you may have.
3. A variety of NEW, FUN training methods and techniques are applied to create safe, challenging and effective workouts.
4. Your trainer will nurture your motivation, hold you accountable for your own success, and educate you on the principles and philosophies of fitness needed to efficiently achieve your desired results.

### 4 Personal Training Session Options:



**Let's Get Started Personal Training** A great introduction into Personal Training Package includes three 30-minute sessions that will introduce you to the weight room. A trainer will fit you and give you one on one instruction on how to properly use the weight machines. Then two follow-up sessions to ensure that you are on the right track to achieve your fitness goals. **(3) 30 Minute Training Sessions: \$59**



**Individual Training** A more advanced training option for those who have worked with trainers in the past or have more experience in the fitness center. *See chart for quantity and pricing.*



**Semi-Private Training** Partner with a few friends or your spouse to maximize your workout while keeping costs lower. All sessions are 60 minutes in length, for 2 - 4 people. Prices are per person. *See chart for quantity and pricing.*



**TRX Suspension Training** This revolutionary method of leveraged body weight exercise uses a wide range of multi-plane movements to build power, strength, flexibility, balance, mobility, and prevent injuries all at the intensity you choose. Simply repositioning your hands or feet will increase or decrease the intensity of your workout! Whether you are a well conditioned athlete or just want to get back into shape, this will help you reach your fitness goals! *Pricing is the same as Individual Personal Training.*

#### 30 Minute Individual Sessions

1	\$23
6	\$123
12	\$225

#### 60 Minute Individual Sessions

1	\$45
6	\$243
12	\$450

#### Semi-Private 60 Minute Sessions

1	\$34
6	\$183
12	\$339

Personal training is available to anyone currently enrolled as either a Full or Program Member at PMRC. Questions? Contact Fitness Coordinator & Personal Trainer Jennifer Jennings at 410.263.7958 or [jmjennings@annapolis.gov](mailto:jmjennings@annapolis.gov).



## Birthday Parties

Laugh, Play, and CELEBRATE at PMRC!  
Let us do all the work and you have all the fun!

**Party includes invitations, decorations, paper goods, a FUN activity, hostess, set-up and clean-up.**

### Ballocity™ Theme Party *All ages*

Come play with your friends, rain or shine, at the best indoor playground around!

*Non-Members: \$255 for up to 15 • \$15 per additional child*

*PMRC Members: \$230 for up to 15 • \$12 per additional child*

### Dance Theme Party *Best for 5 years and up*

Dance the party away with new moves and steps led by one of our dance instructors.

*Non-Members: \$225 for up to 15 • \$10 per additional child*

*PMRC Members: \$200 for up to 15 • \$9 per additional child*

### Rock Wall Theme Party *Must be 5 years to climb*

Climb our 31 foot indoor rock wall and honk the horn at the peak! Children that are waiting may play in the gymnasium with parent supervision or add Ballocity™ to the party for an additional \$20 fee. Additional waiver is required. Max of 15 participants

*Non-Members: \$255 for up to 15 participants*

*PMRC Members: \$230 for up to 15 participants*

### Sports Theme Party *Best for 5 years and up (indoor sports only)*

Choose one or more of your favorite sports to learn and play! Indoor soccer, floor hockey, basketball, bowling, mini golf, indoor tennis and more. This party is sure to score big with your little one!

*Non-Members: \$225 for up to 15 •*

*\$10 per additional child*

*PMRC Members: \$200 for up to 15 •*

*\$9 per additional child*

**Parties are offered on Fridays, Saturdays and Sundays.**

**Party room can accommodate parties with up to 20 children and 8 adults (maximum 28). Other rooms for larger parties are available for an additional fee.**

**All parties include 75 minutes of activity + 45 minutes for cake/refreshments = 2 hours of FUN!**

**Call 410.263.7958 or email: [recpark@annapolis.gov](mailto:recpark@annapolis.gov) to check availability.**



### It's a Party!!!

Join us at the  
"Pip" Moyer Recreation  
Center at Truxtun Park!

For: \_\_\_\_\_

Party Type: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

RSVP to: \_\_\_\_\_

\_\_\_\_\_

Come dressed to play!  
Athletic shoes and  
comfortable clothes  
are recommended.  
Please bring signed  
waiver on back.



273 Hilltop Lane • Annapolis, MD 21403  
410.263.7958 • [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation)

## Child Care in the Schools

The Annapolis Recreation and Parks Department has provided child care for elementary age children since 1985. We offer before and after school care. Please check with individual sites to see the times offered and space availability. Registration materials are available at each program site, the "Pip" Moyer Recreation Center and on our web site: [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation). The program follows the Board of Education calendar. On major holidays the program is closed. We are accepting applications for qualified personnel. Call 410.263.7958 for an application.

The programs are offered in the following schools in Annapolis:

**Annapolis Elementary held at Annapolis Middle School for 2012 - 2014 school years**  
1399 Forest Drive • 410.280.1905  
Director: Jamie Ragland

**Eastport Elementary** 420 Fifth St  
410.263.4864 Director: Raphaele Hislop

**Georgetown East Elementary** 111  
Dogwood Rd 410.267.6114 • Director: Sandy Hollingsworth

**Germantown Elementary** 200 Windell Ave  
410.268.8566 • Director: Dolphy Glendinning

**Hillsmere Elementary** 3052 Arundel on the Bay Rd • 410.295.1693 • Director: Nicole Ashby

**Tyler Heights Elementary** 200 Janwall St  
410.268.3970 • Director: Vanessa Speaks

**West Annapolis Elementary** 210 Annapolis St  
410.280.6194 • Director: Emily Grujic



## REGISTER NOW FOR SUMMER FUN!

PMRC Program Members receive a \$5 discount and PMRC Full Members receive a \$10 discount per camp session! This discount only applies to camps held at PMRC.

### Kids Camp & Truxtun Park Day Camp

**Kids Camp** *Age 4 - 6* This is a great first camp experience for young school age children. Children will participate in weekly theme activities and will be provided with swim lessons, local field trips, arts and crafts, and of course - outside play. Rest time is also part of the camp day. This program is State licensed and has an 8 to 1 camper to staff ratio. Come early or stay late with our extended day program. Held at Germantown Elementary Monday through Thursday and at PMRC on Fridays.

**8:30 am - 4:30 pm**

**Extended Hours: AM: 7 - 8:30 and PM: 4:30 - 5:30**

**K = Kids Camp / T = Truxtun Park Day Camp**

K #5668 / T #5680	Session I	Jun 24 - Jul 5
K #5669 / T #5681	Session II	Jul 8 - Jul 19 (Closed July 4 <sup>th</sup> )
K #5670 / T #5682	Session III	Jul 22 - Aug 2
K #5671 / T #5683	Session IV	Aug 5 - 16

**Fees:** City of Annapolis Resident \$220 / Non Resident \$254 per session

**Extended Hours 2 week session:** \$35 for AM and \$32 for PM per session

### Truxtun Park Day Camp *Age 6 - 12*

Make new friends, learn to swim and have a ball each week with ARPD day camp staff! Each session will follow a defined activity schedule that includes arts and crafts, sports, rock climbing, field trips, picnics plus swim lessons offered Mon - Thu. Come early or stay late with our extended day program. Licensed through the State of Maryland. Must have completed 1<sup>st</sup> grade by June 19, 2013. Held at PMRC.



### Twinkle Toe Camp *Age 3 - 6*

Join the fun with Ms. Cheryl's Dance camps for preschoolers. Campers will do a ballet warm-up, followed by tumbling skills, ending with beginner tap steps. This class will also explore creative movement with various props. Students need dance clothes, ballet and tap shoes.

**Mon - Thu** R \$59\* / NR \$72\*

**Jun 17 - 21** 1 - 2:30 am #5608

**Jul 29 - Aug 2** 9:30 - 11 am #5609



### Spirit of America

#### Camp *Age 11 - 15*

The Spirit of America Camp trains campers to become safe boaters in different

types of boats. Learn basic boating skills and take the Maryland Boater License Course, with a certification test administered at the end of the week. This hands-on curriculum includes boating terms, weather conditions, navigation, right-of-way rules and rescue techniques while motor boating, canoeing, kayaking and sailing. No boating experience necessary.

**Mon - Fri Aug 5 - 9** R \$49 / NR \$61

**9 am - 3 pm** #5699

Back Creek Nature Park Boating Center

### Weekend Skate Camps! *Age 6 - 13*

Back by popular demand, this weekend skate camp is designed to introduce and improve skaters' skills. Participants will learn balance, stance, proper safety, park etiquette, and tricks. Skaters must have a skateboard, helmet, knee pads, elbow pads, and closed-toed shoes. Don't forget to bring a drink! Instructor: Chris Opilla - 4 weeks

**Sat Jul 13** R \$125 / NR \$149

**9 am - noon** #5781

**Sun Jul 14** R \$125 / NR \$149

**9 am - noon** #5782

Truxtun Park Skate Park



## Recreation and Enrichment (REC) Camps

All REC Camps run for 6 weeks, closed on July 4<sup>th</sup>. Limited spaces at each location. Site locations subject to change upon availability of the schools. Registration forms are available at PMRC, 273 Hilltop Lane, or online [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation).

**Youth Rec Camp** *Age 6 - 12* Join us for a summer of fun activities that include arts and crafts, swimming once a week, Six Flags field trips, and outdoor games. Field trip and swimming require additional fees. T-Shirt is included. Monday - Thursday will be offered in the schools. On Fridays camp will be held at PMRC and pick up will be at Truxtun Park Pool.

**Begins Jun 24 Mon - Fri**

**9 am - 3 pm** R \$142 / NR \$163

Germantown Elementary #5664

Tyler Heights Elementary #5661

West Annapolis Elementary #5663

**Pre-School REC** *Age 4 - 5* This camp is designed for little ones entering Pre-K or Kindergarten. Activities include arts and crafts, indoor and outdoor games, sprinkler fun, show & tell, snack and much more.

**Begins June 24 Mon - Thu**

**9 am - 3 pm** R \$105 / NR \$115 (full day)

Germantown Elementary #5666

Tyler Heights Elementary #5667

### REC Extended Hours Program *Age 6 - 12 Refer to page 13 for details.*

**Begins Jun 24 Mon - Fri**

**8 am - 5 pm** R \$193 / NR \$222

Stanton Community Center #5662



## Splash Camps Age 6 - 12

A day camp guaranteed to keep your kids cool this summer! Join members of the APRD staff as they share their skills each morning & stay the afternoon for fun & excitement at the Truxtun Park Pool. Camp is held rain or shine, we plan alternate activities during rain events. Drop off location is listed, pick-up daily at pool. Extended hours drop-off & pick-up is at PMRC.

Lunch will be provided Mon - Thu except for the weeks of Jun 17 - 21 and Aug 19 - 24. Campers need to bring a non-perishable lunch and drink on Fridays, a snack daily, a bathing suit, towel and sunscreen. Additional sports equipment may be needed and will be noted after registration.

### All camps are Monday - Friday, 9 am - 4 pm

AM care is available at 7 am until the start of camp - \$25/per week

PM care is available at 4 pm until 5:30 pm - \$25/per week

Fee: Resident \$129 / Non-Resident \$159 per week

### Proposed daily schedule:

9 am - 12:30 pm Daily activity (see listing by week)

12:30 - 1 pm Lunch, travel to pool, rest period

1 - 4 pm Swim at Truxtun Park Pool (includes activity)

**\$** Membership has Benefits! If your child is a PMRC Full Member they receive a \$10 discount per session.  
**\$** Program members receive a \$5 discount per session.

DATE	PROGRAM	CODE	DROP OFF LOCATION	INSTRUCTOR
Jun 17 - 21	Sports Mix & Splash	#5615	PMRC Court 2	Coach Barry Booth
	Ballet, Tap, Jazz & Splash	#5614	PMRC Studio A	Cheryl Mauck
Jun 24 - 28	UK Soccer & Splash	#5613	PMRC Ballfield 1	UK Soccer
	Shoot & Splash (basketball)	#5612	PMRC Court 2	Coach Barry Booth
	Art & Splash	#5657	PMRC Meeting Room 1	Lily Solis
Jul 1, 2 3 & 5	Skate & Splash (skateboard)	#5617	Truxtun Park Skate Park	Chris Opilla
	Flag Football & Splash	#5628	PMRC Ballfield 1	TBD
	Floor Hockey & Splash	#5611	PMRC Court 2	Coach Barry Booth
Jul 8 - 12	Boating & Splash	#5616	Back Creek Nature Park	Annapolis Community Boating
	Smash & Splash (tennis)	#5618	Truxtun Park Tennis Courts	Totally Tennis
	Ballet, Tap & Jazz / Splash	#5632	PMRC Studio A	Cheryl Mauck
Jul 15 - 19	Volleyball (Co-Ed) & Splash	#5658	PMRC Court 2	TBD
	Climb & Splash	#5623	PMRC Rock Wall	Mike Bayer
	Boating & Splash	#5622	Back Creek Nature Park	Annapolis Community Boating
Jul 22 - 26	Karate & Splash	#5627	PMRC Studio A	Alan Sanidad
	Lacrosse (Boys) & Splash	#5626	PMRC Ballfield 1	TBD
	Fitness & Splash	#5659	PMRC Court 2	Coach Barry Booth
Jul 29 - Aug 2	Baseball & Splash	#5660	PMRC Ballfield 1	Brent Alexander
	Irish Dance & Splash	#5631	PMRC Studio B	Shirley O'Hare
	Lacrosse (Girls) & Splash	#5624	PMRC Ballfield 2	
Aug 5 - 9	Smash & Splash (tennis)	#5620	Truxtun Park Tennis Courts	Totally Tennis
	Climb & Splash	#5629	PMRC Rock Wall	Mike Bayer
	Hip Hop Dance & Splash	#5610	PMRC Studio A	Alicia Rivas
Aug 12 - 16	Sports Mix & Splash	#5634	PMRC Court 2	Coach Barry Booth
	Skate & Splash (skateboard)	#5619	Truxtun Park Skate Park	Chris Opilla
Aug 19 - 23	Shoot & Splash (basketball)	#5630	PMRC Court 2	Coach Barry Booth



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# Pool Programs

## Truxtun Park Municipal Swim Center

Opening day is Saturday, May 25, 2012. Open weekends only until June 8<sup>th</sup>.

**Pool Hours:** Mon, Wed, Fri: 12:30 - 6 pm  
Tue, Thu: 12:30 - 5 pm  
Sat, Sun and Holidays: 11 am - 6 pm

**End of Season** Aug 26 - 30 4 - 7 pm  
Aug 31 - Sep 2 11 am - 6 pm

The pool is open for lap swimmers only:  
Mon - Fri, 11 am - 12:30 pm

Due to Swim Team meets, the pool hours will be 1 - 7 pm on the following Saturdays: Jun 15, 22, 29, Jul 6 & 13

**Daily Pool Rates:** May 25 - Jun 30: Jul 1 - Sep 2:  
2 and Under Free with adult Free with adult  
Youth Age 3 - 17 \$3.00 \$4.00  
Adults 18+ \$4.00 \$5.00  
Seniors Age 62+ \$3.00 \$4.00

### Season Pool Pass: May 25 - Sep 2

Youth (under 18) R \$49 / NR \$61 #5704  
Adult R \$59 / NR \$74 #5702  
Seniors (62+) R \$49 / NR \$61 #5703  
Family R \$149 / NR \$186 #5701

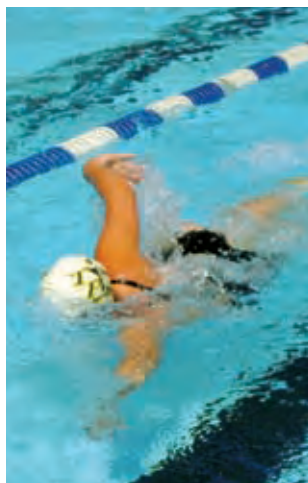
### Pass Requirements:

- Season passes must be shown at entry.
- Children under 10 must be accompanied by an adult.
- Camp participants cannot use passes for entry during camp times.
- Passes must be purchased at PMRC and will not be sold at the Truxtun Park Pool.
- There is a charge of \$10 to replace lost passes.
- "Family" option applies to a family of four people residing in the same household. Additional members \$20 each.

### Aqua Tots Age 6 mos - 3 yrs

Have fun in the pool with your toddler! During this loosely structured class, parents will learn basic water safety skills and proper holding techniques to help kids adjust to the pool. This environment encourages social interaction and fun. Children develop pre-swimming skills such as blowing bubbles, water submersion, kicking, floating and safe entry and exit of the pool. At least one parent must participate in the water. Ecology swim suits and swim diapers are required for all children who are not potty trained. Ecology swimsuit may be purchased at the pool - 4 weeks

**Tue Jun 18** R \$30 / NR \$38  
**5 - 5:30 pm** 6 mos - 2 yrs #5776  
**5:40 - 6:10 pm** 2 - 3 yrs #5777  
**Tue Jul 23**  
**5 - 5:30 pm** 6 mos - 3 yrs #5778



### Penguins Swim Team

Age 5 - 18

Practice competitive strokes and compete with other teams in the Greater Annapolis Swim League! The Truxtun Park Penguins Swim Team begins practice on Tuesday, May 28. Swim meets are held Saturdays June 15 through July 13. Uniform not included in registration fee. For more info please contact Kathleen Brasington at [kabrasington@annapolis.gov](mailto:kabrasington@annapolis.gov) or 410.263.7958. #5705



## Special Events @ the Pool!!!

### Summer Open House at the Pool:

**Sun Jun 1, 11 am - 3 pm**

Join us for our annual pool Open House! Learn about season pool passes, swim lessons, special events, party rentals and more! The Truxtun Park Pool is located at 251 Pump House Road in Annapolis. Call 410.263.7928 for more information!



### 4<sup>th</sup> of July Celebration: Thu Jul 4, 11 am - 6 pm

Make your holiday a fun-filled stay-cation at the Truxtun Park Pool. Bring a picnic lunch and enjoy games and prizes led by the lifeguards, including a biggest splash

contest, penny dive, and even a greased watermelon relay! Normal admission rates apply.

### Friday Night Lights: Jul 26, Aug 2, Aug 9, Aug 16, Aug 23

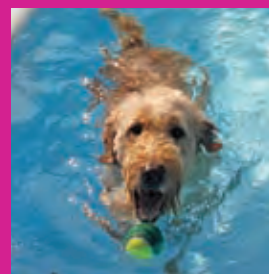
Starting July 26, the pool will be open until 8 pm on Fridays through August 23! So stay a while and enjoy an evening swim with the whole family. Regular admission rates apply.

### Dog Days of Summer: Wed Sep 4, 4 - 7 pm

Your dogs can have their day to drool in the pool at the end of the summer. ARPD hosts its annual popular dog-paddle event! Proceeds benefit the ARPD Scholarship Fund. \$10 per dog to be paid at the pool entrance. #5786

Requirements:

- Well-behaved dogs over the age of 6 months old are welcome
- No dogs in heat
- Owners need to provide current proof of vaccination certification before dog is allowed in pool
- Owners are responsible for any mess created by their dog
- One dog per human for adequate supervision
- For their own safety, no children under 6





## Swim Lessons @ Truxtun Park Pool

**Beginner 1** *Age 4+* For children who need to learn basic water adjustment skills including full submersion, blowing bubbles, front and back floats with support, rolling from back to front, jumping into and climbing out of the pool. New swimmers often require several sessions of Beginner 1 before progressing to Beginner 2. Limit 5 students.

**Beginner 2** *Age 4+* For children who are comfortable in the water and underwater. Children will progress with independent swimming skills including front and back float, front glide and kick, introduction to freestyle, backstroke, underwater swimming, and treading water. Limit 5 students.

**Advanced Beginner** *Age 4+* Swimmers improve upon basic skills and increase endurance. Skills include freestyle with side breathing, backstroke, kneeling and standing dives, and introduction to breaststroke and/or butterfly strokes. Limit 6 students.

**Intermediate** *Age 7+* Swimmers should have successfully completed Advanced Beginner level competencies before entering this class. Children will begin bilateral breathing for freestyle, gain skill and endurance for all strokes (freestyle, backstroke, breaststroke and butterfly), and be introduced to a competitive shallow dive. Limit 8 students.

### Morning Swim Lessons Monday through Thursday, 30 minute classes, 2 weeks Fridays are make-up days in the case of inclement weather.

<b>Session 1A</b>	<b>Jun 24 - Jul 5 (no class July 4)</b>			
8:40 am	Beginner 1 #5749	Beginner 2 #5757		
9:20 am	Beginner 1 #5750	Beginner 2 #5758	Advanced Beginner #5766	
<b>Session 2A</b>	<b>Jul 8 - Jul 18</b>			
8:40 am	Beginner 1 #5751	Beginner 2 #5759	Advanced Beginner #5767	
9:20 am	Beginner 1 #5752	Beginner 2 #5760	Advanced Beginner #5768	
<b>Session 3A</b>	<b>Jul 22 - Aug 1</b>			
9:20 am	Beginner 1 #5753	Beginner 2 #5761	Advanced Beginner #5769	Intermediate #5773
<b>Session 4A</b>	<b>Aug 5 - Aug 15</b>			
9:20 am	Beginner 1 # 5754	Beginner 2 #5762	Advanced Beginner #5770	Intermediate #5774

### Evening Swim Lessons Tuesday and Thursdays, 30 minute classes, 4 weeks In case of inclement weather, lessons will be made up the week following the scheduled end of session.

<b>Session 1P</b>	<b>Jun 18 - Jul 16 (no class July 4)</b>			
5:30 pm	Beginner 1 #5755	Beginner 2 #5763	Advanced Beginner #5771	
<b>Session 2P</b>	<b>Jul 23 - Aug 15</b>			
5:30 pm	Beginner 2 #5764	Advanced Beginner #5772	Intermediate #5775	

### Adult Beginning Swim Lessons

It's never too late to learn. Overcome your fears and learn to feel comfortable and confident in the water. An experienced swim lesson teacher will help you achieve your learn-to-swim goals for 2013! 8 weeks

**Mon/Wed** R \$80 / NR \$100

**Jul 22 - Aug 14**

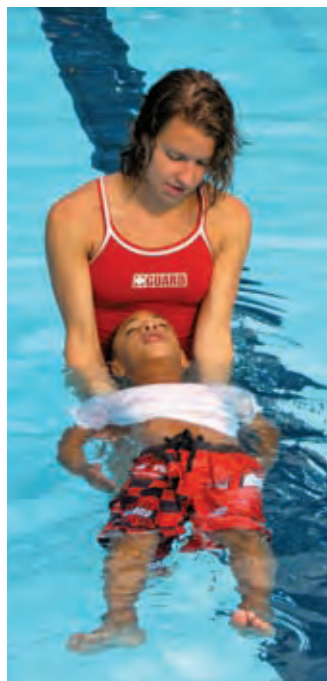
**6 - 7 pm** #5784

**I am, but I can!**

### Private Swim Lessons *All Ages*

If you or your child need some one-on-one work with an instructor to gain confidence or perfect a certain skill, one or two private lessons may do the trick! An experienced swim lesson instructor or coach will work with you at a pre-determined time. Talk to the Pool Manager or the Aquatics Coordinator, Kathleen Brasington, for more information.

**\$30/half hour session** #5785



### Masters' Swimming *Age 18+*

Get in shape this summer through Masters swimming. Open to all adult swimmers (fitness, triathlete, competitive, non-competitive) who are dedicated to improving their fitness through swimming. Designed to help you improve your technique, endurance and train for specific goals. Participants can shower at the pool before heading to work!

**Returning Masters' Swimmers** Appropriate for Returning Masters' Swimmers and those who have a swimming background. No practice on Sunday, June 16 due to Youth Triathlon. Coaches: Michelle Fautot and Keith McCaffrey, U.S. Masters Coach - 12 weeks

**Jun 9 - Aug 29** R \$150 / NR \$188

**Tue/Thu 6 - 7:15 am**

**and Sun 8 - 9:30 am** #5779

**Beginning Masters' Swimming** This session is for those who know how to swim but have little to no experience swimming with a Masters' group. Coach: Keith McCaffrey, U.S. Masters Coach - 10 weeks

**Jun 10 - Aug 14**

**Mon & Wed**

**6 - 7 am**

R \$92 / NR \$115

#5780





## Truxtun Youth Triathlon Annapolis, MD

**I am, but I can!**

**Age 7 - 17** Be challenged in this Swim, Bike, Run event at Truxtun Park. SWIM in the Truxtun Park pool; BIKE through City parks and adjoining roads; and RUN through Truxtun's trails. All participants will receive a medal for completing the race. Trophies are awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places in each age group. Entry fee includes race T-shirt and post-race goodies. Children can form a relay team with friends or siblings and can be comprised of 2 - 3 children age 17 and under. Relay distances are the same as the Junior Division distances. TYT is part of the Maryland Youth Triathlon Series.

Race courses are posted at [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation). Age as of 12/31/13. **Register online or call 410.263.7958 by the June 7<sup>th</sup> deadline.** For more information contact Jennifer Jennings at [jmjennings@annapolis.gov](mailto:jmjennings@annapolis.gov).

**Jun 16, 2013, 6:30 am set-up, 7:30 am start**

Individuals R \$50 / NR \$62 Teams R \$62 / NR \$81

**Junior Division** \*100 meter swim, 4 mi bike, 1 mi run  
**Age 7 - 12** #5596

**Senior Division** \*300 meter swim, 4 mi bike, 2 mi run  
**Age 13 - 17** #5597

**Family & Friends Relay** #5698  
\*Distances may vary slightly

## Enrichment

### Boating Safety Course: Maryland Safe Boating

**Age 10+** This eight-hour course and test satisfies MD law for any person born after July 1, 1972, to operate a boat in Maryland waters. The course covers legal requirements, navigation rules, preparation and trailers, accidents, weather and water conditions, water sports, sailing and personal water craft. Note: Children 14 years and under must be accompanied by a paying adult.

**Mon & Thu 6 - 10 pm** \$25/person

Jun 24 & 27 #5591

Jul 8 & 11 #5592 PMRC Meeting Room 1



The Annapolis Harbormaster announces an increase of moorings for larger boats this summer! There are now 12 moorings for boats up to 55' in the City's Harbor. For details, e-mail [harbormaster@annapolis.gov](mailto:harbormaster@annapolis.gov) or call 410.263.7973.



### Pool Rentals

Having a party this summer? Celebrate at the Truxtun Park pool! The pool is a great location for a birthday or work party, a family gathering or celebration. You can rent the pool most Saturday and Sunday evenings from 6 to 8 pm. No alcoholic beverages permitted. Call Kathleen Brasington for more information at 410.263.7958.



# Stanton Community Center (SCC)

The following programs are offered at the Stanton Community Center, 92 W. Washington Street, unless otherwise indicated, programs are free unless otherwise indicated. Activities are on-going, but please call the Stanton Recreation Office at 410.263.7966 to confirm days and times for initial attendance. For more information about recreation programs and activities, please contact Archie Trader at the Stanton Center 410.263.7966 or atrader@annapolis.gov.

Please note: The SCC will be closed the following dates:

Mon May 27 - Memorial Day  
Thu Jul 4 - Independence Day  
Mon Sep 2 - Labor Day

For information regarding facility bookings (i.e. parties, weddings, meetings), please contact Jim Turner, Facility Manager, at 410.295.5519 or jturner@annapolis.gov.

The SCC houses several community service providers. Call the individual agencies at their listed number for more information.

## Anne Arundel Community College Classes

Saturdays, Adult Basic Skills (GED)  
Call 410.777.1845 for assessment dates & times.

## Medical / Dental Outreach Clinics

Provided by AAMC. All services are by appointment only. Please call 443.481.3599.

Medical Clinic	Dental Clinic
Tue 12:30 - 6 pm	Wed 1 - 4 pm
Wed 1 - 4 pm	Fri 8:30 am - 12 pm

## Children's Medical Appointments

Every 2<sup>nd</sup> & 4<sup>th</sup> Thursday of the month  
9 am - 12 pm

## Youth Services Bureau

Youth and family counseling daily from 10 am - 6 pm. After 6 pm, by appointment only. Call 410.626.1800.

## We Care

Offering services for homeless and others who need additional assistance. Daily by appointment. Call 443.370.8024.

## Adult Basic Computer Class

The SCC hosts an Adult Basic Computer class, which is provided by the Opportunities Industrialization Center (OIC), every Monday and Wednesday evening from 6 to 9 pm. This is a continuous class held every 12 weeks in the SCC computer lab. To register for the class, please call OIC at 443.433.5894.

## Adult Basic Skills Class

Anne Arundel Community College (AACC) and the SCC partner together to offer ABS classes which can lead towards a general education degree (GED). ABS classes are designed for individuals who do not have a high school diploma and need to review and improve basic reading, math and language skills. Participants may be referred to the GED test prep class once their skills have been improved. The classes are held at the SCC in the computer lab. To register, please call AACC at 410.777.1823 to make an appointment for an assessment session before enrolling in the class. For more information visit [www.aacc.edu/abs](http://www.aacc.edu/abs).

## Adult CPR Training Class

The American Red Cross hosts CPR Training Classes on Saturdays at SCC from 9 am - 12 pm. Those interested, should call 410.624.2072 or 410.624.2061 or e-mail [christina.stelljes@redcross.org](mailto:christina.stelljes@redcross.org).

## Recreation Programs

### 10 & Under Tennis Program

*Age 4 - 10* This tennis program is an activity based approach to tennis versus incorporating structured drills or techniques. Program teaches children how to play the game and have fun at the same time! To make learning easier, children will play with: smaller racquets, foam and/or low pressure balls, an adjusted net height on short courts, a modified scoring system - 16 sessions  
**Sat May 11 - Aug 31** \$112  
**11 am - 12 pm**  
Annapolis Walk Tennis Courts



### 17 & Under Tennis Program

*Age 10 - 17* This program is sponsored by ARPD in partnership with the Annapolis Area Tennis School organization. This is a great opportunity for youth to learn the lifelong sport of tennis. Structured for beginner, intermediate and advanced players. Practice will be conducted by a Professional Tennis Registry (PTR) certified instructor. All team members must register for United States Tennis Association (USTA) membership - 16 sessions  
**Sat May 11 - Aug 31** \$320  
**10 - 11:30 am**  
Annapolis Walk Tennis Courts

## Recreation and Enrichment (REC) Camp

*Age 6 - 12* This six week program involves sports, games, swimming, educational field-trips, fun activities and on-site educational presentations such as dental hygiene, nutrition, and drug prevention. Playstation and Wii video games are also available and more. Free breakfast and lunch are available to eligible campers.  
**June 24** R \$193 / NR \$222  
**Mon - Fri, 8 am - 5 pm** #5662



### Neighborhood Basketball

**League "Get Real with Yourself" Ages 17 & Under**  
**George "Lassie" Belt Basketball League 13 & Under Division**

An outstanding competitive basketball league designed to provide an opportunity for teenagers and youth to get involved in a highly spirited and friendly competitive environment. League mandates that each team participate in two developmental workshops such as drug prevention, teenage pregnancy prevention and goal setting. Awards: League Champion, Playoff Champion, Playoff-Runner-Up. Age verification required for each player. Rules are governed by the National Federation of State High School Associations and the basketball officials are with IAABO.  
**Sat May 11** \$200/team  
"Pip" Moyer Recreation Center



### Youth Soccer League

*Age 10 - 12* This league is designed to give neighborhood youth an opportunity to play organized soccer. Teams made up of beginners and intermediate players are welcome.  
**Sat May 18** \$200/team  
Bates Auxiliary Field

Residents and non-profit organizations based in Annapolis and Anne Arundel County interested in renting space at the Stanton Community Center for special events should apply two weeks before the start of the event date. For details, call Jim Turner at 410.295.5519.





	Acres	Baseball Fields	Basketball Courts	Bike/Hike Trail	Boat Ramp	Linear Fields	Nature Areas	Picnic Pavilion	Pier/Water Access	Playground	Restrooms	Sitting Benches	Tennis Courts
1st & Spa Creek, Eastport	0.1												
5th & Spa Creek	0.1												
Acton Cove Park	0.5												
Amos Garrett Park	0.25												
Annapolis Maritime Museum, 2nd St. & Back Creek	1.5												
Annapolis Sports Complex, Locust Avenue	35												
Annapolis Walk Community Park, Belle Drive	3												
Back Creek Nature Park, Edgewood Road	12												
Barbara Nuestadt Park, Monticello Ave & Spa Creek	0.2												
Bates Athletic Complex, behind BMS	15												
Bates Heritage Complex, Smithville Rd	15												
Burnside Park, Eastport	0.1												
Chambers Park, Dorsey Avenue & Kirby Lane	1												
College Creek Park, Clay Street & College Creek	0.2												
Davis Park, 4th & Back Creek, Eastport	0.1												
Fleet Street Park, historic district	0.1												
Horn Point, Chesapeake Avenue, Eastport	0.1												
Kingsport City Playground	2												
Lafayette Avenue & Spa Creek	0.2												
Leon Wolfe, 4th Street & Spa Creek	0.1												
Naval Academy Stadium Trail	1.25												
Newman Street Playground	0.5												
Northwest Street End	0.1												
Poplar Park and Trail	1.5												
Post Office Park, Eastport	0.5												
Primrose Acres, Garden Gate & Edelman	0.2												
Prince George Street End Park	0.1												
Rev. Joseph J. Turner Park, Third & Chester Avenue	1												
Roger W. "Pip" Moyer Recreation Center (PMRC)	1.8												
Severn Avenue & Spa Creek, Eastport	0.1												
Spa Creek Conservancy, Silopanna Road	5												
Spa Creek Trail	2												
Stanton Community Center, West Washington Street	0.5												
Truxtun Park, Hilltop Lane	70												
Tucker Street, West Annapolis	0.2												
Waterworks Park (Permit Only), State Route 450	45												
Weisman Park, Inner West Street	0.3												



## Memorial Tree and Bench Program

Annapolis Recreation and Parks offers a unique memorial program to honor and remember friends and relatives. You may choose to memorialize or recognize a loved one by selecting a tree from our carefully-selected species list suited for Annapolis' unique climate and soil types or select an environmentally-friendly, recycled park bench to be placed in a determined park location. Either selection is a wonderful remembrance or commemoration of a special occasion that adds beauty to the landscape for countless generations to enjoy. We now have bench and tree locations available along the NAAA trail that surrounds the Navy stadium! If you are interested in this location or one of our many beautiful parks, please contact Marisa Wittlinger at [mdwittlinger@annapolis.gov](mailto:mdwittlinger@annapolis.gov).

**Athletic Field Permits** ARPD schedules and maintains fields and courts at Truxtun Park, Bates Heritage, Bates Athletic and Annapolis Sports Complex (Germantown Elementary). All groups planning to use our fields or courts for programs or any other organized activity must contact ARPD for availability and for details concerning various types of rentals. We offer open parks, but organized activities take precedence over any public or private use. Field and court use permits can be obtained from the ARPD office. Please contact Katy Bhushan at 410.263.7958 for more information.

### Boat Launch Areas

**Truxtun Park Boat Launch**, Primrose Road and Spa Creek. Fee: \$5 per launch payable via Visa/MC/AMEX or annual permit only. No cash is accepted at the park. Fees apply all days of the year to any vessel launched from the concrete ramps. NO COMMERCIAL USE of ramp or beach area is permitted without written authorization. Paid tickets must be displayed on front dash of all vehicles with attached boat trailers. Enforced by the Annapolis City Police Department and ARPD. Violators are subject to vehicle ticketing and towing. Report any fee collection malfunctions to 410.263.7993.

**Annual Permit:** Available for \$50 and must be purchased at PMRC. Permits are valid 7/1/12 - 6/30/13. Call 410.263.7958 for information.

**Launch:** Please off load and retrieve your vessel in a safe and swift manner when others are waiting. Move your boat to the waiting dock while others are parking your vehicle. Purchase your launch permit prior to moving your vehicle to the parking area.

**Parking:** Limited to park users. No overnight parking permitted. Violators will be subject to ticketing and towing. Follow parking signs. No parking on grass.

**Tucker Street Boat Launch**, West Annapolis at Tucker Street and Weems Creek. This boat launch is open to Annapolis Residents ONLY. There is no vehicle/boat trailer parking available. Trailer permits cost \$10 each for the annual boating season and must be purchased at PMRC. Please call ARPD for more information 410.263.7958.

**Pavilion Rentals** Truxtun Park has three pavilions available for rent year round. Groups of 10 or more require a rental permit. Maximum group size is 50 people. The rental fee is \$50 for City residents, \$75 for non-residents. Pavilions are reserved on a first-come, first-serve basis. Full payment must be received at the time of registration. Please call 410.263.7958 or go to PMRC to reserve.

### Truxtun Park Skate Park

The skate park is used for in-line and skateboarders. Signs are posted at the skate park with rules and regulations for everyone's safety. The Park operates as USE AT YOUR OWN RISK. Safety equipment is STRONGLY SUGGESTED.

### Additional Information

Parks are open from dawn until dusk. Due to the natural environment and wildlife in the parks, dogs and other pets MUST be on a leash at all times and must remain on trails

and walkways. Patrons must pick up all pet waste and properly dispose. Any maintenance concerns should be directed to the Park Maintenance Division at 410.263.7993.

Please direct any other park related questions or concerns to ARPD at 410.263.7958.





## Members register online!

[www.annapolis.gov/recreation](http://www.annapolis.gov/recreation) or <http://reg-e.annapolis.gov>  
Register for our programs early! Spaces fill fast! NOTE: You must purchase a membership in person at PMRC to register online for programs with an asterisk (\*). Use your Login ID and Account PIN to access your family's account. If you do not know this information, call 410.263.7958.

## New Registrants

Stop in! PMRC, 273 Hilltop Lane, Annapolis, MD 21403. During ARPD business hours, you can register for most programs or classes by phone 410.263.7958. Be sure to have credit card information ready (VISA/MC/AMEX).



## You Snooze, You Lose

Nothing cancels a good class quicker than waiting until the last minute to register.

Programs may be canceled 2 business days prior to start date due to insufficient registration. Register early - even better, register with a friend!



## Scholarships Available

Scholarships are available through the Annapolis Recreation & Parks Department. The program is available for those who qualify and reside within Annapolis City limits. To learn more, call 410.263.7958 or email: [sagilmore@annapolis.gov](mailto:sagilmore@annapolis.gov)

## ARPD Policies, Regulations & Refunds

**Open to All** Annapolis Recreation and Parks prohibits discrimination on the basis of race, color, national origin, age or handicap in its programs, activities, and employment.

**Payment Policy** All fees for classes and leagues must be paid at the time of registration. Visa, MasterCard, cash, and checks are accepted forms of payment. Space is limited in most programs. Early registration is recommended. Although registration confirmation will not be confirmed by mail, notification will be made if a class is full or is rescheduled. If openings are available, late registration will be accepted after the program has started. The City of Annapolis charges \$35 for any checks returned unpaid by your bank. Please make checks payable to: **Annapolis Recreation and Parks**.

**Cancellation** The Department reserves the right to cancel a program due to insufficient enrollment. Full refunds will be offered when a course is cancelled by ARPD.

**Class / Activity Refunds** A full refund or credit will be given for classes cancelled by the Department. A refund may be granted after the first class if the class has not met your expectations. Please notify the Department in writing, prior to the second class, if you are requesting a refund for any reason. No refunds will be granted after the second class is held. A \$5 processing fee will be deducted from all requested refunds.

**Athletic League Refunds** No refunds will be issued unless the team space can be filled with another team registration at least 10 working days prior to the start date. No refunds will be granted after 10 working days prior to the start of the league. Absolutely no refunds will be granted after the scheduled start date as game schedules are set and officials are committed.

**Child Care / Camp Refunds** In all cases, deposits are non-refundable and non-transferable for those programs that require a deposit to hold a spot. Refunds for the balance of the payment may be granted if the Department receives written notification at least 10 working days prior to the start of the program and we are able to fill your spot. A \$5 processing fee will be deducted from all refunds.

**All refunds are issued by check.**

**Child Care Program Inclement Weather Policy** When school is closed prior to 7 am, the Child Care Program is CLOSED. Please listen for the AACPS closures on the local radio or television, or call the Annapolis

Recreation and Parks Department at 410.263.7958 for the recorded message or check our Web site under cancellations: [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation). If school dismisses early, the Child Care Program opens immediately upon dismissal and closes at 4:30 pm instead of 6 pm. We ask that parents pick up their child as soon as possible, as roads can become treacherous for everyone. Those enrolled in the After School Program are only eligible for this service. If school is delayed for two hours, Child Care is delayed for two hours. For example, if school opens at 11 am, Child Care opens at 9 am. Those registered in the Before School Program are only eligible for this service.

**Inclement Weather Policy and School Holidays** Programs held at PMRC do not always follow the Anne Arundel County Public Schools (AACPS) closure ruling. Weather related cancellations will be posted to the Department's Web site [www.annapolis.gov/recreation](http://www.annapolis.gov/recreation). Or you may call the office at 410.263.7958 two hours before your scheduled program. If the Snow Emergency Plan for AACPS is in effect, all programs held in the schools are cancelled or delayed, depending on the notice. Programs will not be held on major holidays. Please contact your program instructor as to whether class will be held on a particular holiday.

**Disciplinary Actions** The Department has the authority to impose disciplinary sanctions for inappropriate/unsportsmanlike behavior and/or non-compliance with Department policies, guidelines, or safety standards. Disciplinary sanctions for individuals may include but are not limited to: prohibition to attend events, suspensions, and dismissal.

**Photographs and Videos** Participants, adults or children, may be photographed or videotaped during City of Annapolis Recreation and Parks programs and events and the photos or videos may be used in this publication, in local newspapers or magazines, in Department of Recreation and Parks collateral, on the City of Annapolis Web site, or on City of Annapolis Facebook, YouTube or Web albums, for the purposes of promoting such programs or events. Participants, for themselves and their minor participating children, hereby voluntarily consent without further notice to being photographed under such circumstances and for such purposes.

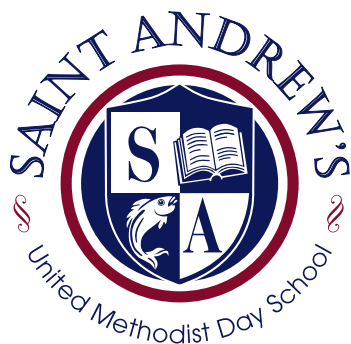


**Waiver** By participating in programs, activities and classes offered by Annapolis Recreation and Parks, I agree to release and discharge the City of Annapolis, Department of Recreation and Parks, its employees, and agents from any injuries sustained by me or my children as a result of participation in said program.

**Membership Rules and Policies** See membership application for specific rules, policies and details regarding PMRC membership.



*The world tomorrow will  
belong to those who bring  
it the greatest hope.*



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**Tuesdays 6/4, 6/18, 7/9,  
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	Registration Opens	Season
Fall	May, ages 3-High School	Sep-Nov
Winter*	October, ages 4-High School	Jan-Mar*
Spring	January, ages 3-High School	Mar-Jun

**Fall 2013**

Registration begins in May

**Who:** Age 3 - High School  
**Season:** September - November

Details and online registration:  
[www.annapolisoccerclub.com](http://www.annapolisoccerclub.com)  
Jesse Simmerman  
410.693.7677